

in the old than in the young?" It would "seem doubtful if this were really the case. Women may come to us seeking ways in which they may hope to renew their youth, to recapture fading beauty or attractions which they feel they have lost or are losing. They may stretch out frightened hands, pleading with us to give them some magic charm by which death may still be put off into a more distant future. This we cannot hope to do, but it often lies within our power to give them some very real help in this predicament. This we can do if we can show them the path back to their lost peace of mind, give them back their brave, youthful self-confidence, and the courage to look forward with quiet eyes, give them some interest in the world as it is, which passes before them for their enjoyment and wonder. We may show them how to seize the good parts, and only let the dross slip away through their fingers, even now, when they are old."

The book, though especially valuable to nurses, is intended for the general reader, to whom it may be unreservedly commended.

It places the author in that small, elect, but precious body, the original thinkers of the world.

MENTAL NURSING SIMPLIFIED.

"Mental Nursing Simplified," by O. P. Napier Pearn, M.R.C.S., D.P.M., Deputy Medical Superintendent, Cane Hill Mental Hospital, is, we are told by the author, an attempt to help nurses to study the "Handbook for Mental Nurses," by treating the same subjects in a simpler way. The nurse is therefore recommended first to read this book to get a general idea of what is to be learnt; then to study the Handbook, and then to read this book again shortly before the examinations. It appears to us admirably suited for the purpose for which it is designed.

The author impresses on his readers that if a nurse gets firm hold of the idea when she enters a mental hospital that those she is looking after are (mentally) sick people, and forgets the old-fashioned terms asylum, mad, lunatic, etc., she will probably turn out to be a good nurse. He tells them further that "The objects of a Mental Hospital are (1) *Cure* of the patients' mental disorders, if possible; (2) *Care* of the incurable patients; (3) *Comfort* for all; (4) *Concerts, Crochet and Carpentry*. The patients should be amused and occupied. He proceeds to demonstrate what is necessary for the instruction of the nurse in order that she may take her part in carrying out these objects.

The book is published by Messrs. Baillière, Tindall and Cox, 7 and 8, Henrietta Street, Covent Garden, London, price 5s. net.

REMARKABLE RECORD OF SUCCESS BY BLIND MASSEURS.

Results of the recent final examination of the Chartered Society of Massage show that a remarkable 100 per cent. record of success has been maintained by the National Institute's School for Blind Masseurs.

The school was opened by the King in 1915. Since that time more than 200 blind men and women have been trained, and every one has qualified. During the eighteen years, there has not been one failure.

This year's candidates included a girl student who had previously become blind while undergoing her course as a hospital nurse, and a young man who lost his sight while studying for the B.Sc. degree.

It is stated that a method of vaccination for yellow fever has been perfected by Drs. Pettit and Stefanopoulo, of the Pasteur Institute, who have obtained satisfactory results by vaccinating colonials with the anti-malarial serum of horses and monkeys.

OUTSIDE THE GATES.

The Queen has accepted the honorary degree of Doctor of Music (*Honoris Causa*) from the Royal College of Music, which was conferred upon Her Majesty by Sir Hugh Allen, director, Lord Palmer, vice-president, and Mr. Charles Morley, hon. secretary of the Royal College of Music, at Buckingham Palace. The Queen received from the Prince of Wales, the president, a jewel and chain as a gift from the College.

Two cot-covers worked by the Queen were presented by her Majesty to the Claremont Central Mission, Pentonville, to be given as prizes at the annual baby show.

At the Annual Festival of Commemoration of Benefactors of Winchester Cathedral, held on July 15th, thanks were also expressed for men and women of the county of Hampshire who had rendered service to mankind in the county or the Cathedral church, including Gilbert White of Selborne, Samuel Sebastian Wesley, organist of the Cathedral; Izaak Walton, Florence Nightingale, Jane Austen, Charles Kingsley, Charlotte Yonge, Thomas Ken, John Keble, and also "for the great captains and humble mariners who have sailed from our coasts on their lawful occasions; for the regiments whose memorials are upon the walls of this church; for the meadows and woodlands of this diocese and county, for the downs, the rivers, and the sea."

It is a comely fashion thus to call to mind the great ones of the past "lest we forget" their services to mankind.

VERSE.

THE HOPE IN HIS HEART.

Back of the tool is the workman's arm
And back of the arm is a force,
And back of the force is the spirit of man
That guideth the tool in its course.
And it isn't his pride in the tool or the art,
But the prayer on his lips and the hope in his heart
That the work which he does may be worthy to lay
On the altar of God at the end of the day.

MISS ANNA E. WELLS,
At the International Congress of Nurses.

WHAT TO READ.

- "Captain Bottell," James Hanley.
- "Forthcoming Marriages," Mary Lutyens.
- "Mrs. Ritchie," Willa Muir.
- "Shatter the Sky," Denise Robins.
- "The House of Exile," Nora Wain.
- "Brazilian Adventure," Peter Fleming.

COMING EVENTS.

September 2nd.—Quarterly Meeting of the Mental Matrons' Association, at the Royal British Nurses' Association Club, 194, Queen's Gate, S.W., 2.30 p.m., preceded by a Meeting of the Executive Committee at 2 p.m.

September 23rd.—British College of Nurses: Council Meeting, 39, Portland Place, London, W.1. 2.15 p.m.

September 29th.—General Nursing Council for England and Wales. Monthly Meeting, 20, Portland Place, W.1. 2.30 p.m.

A WORD FOR THE MONTH.

"Pour comprendre quelqu'un l'intelligence ne suffit pas, il faut le cœur."—*Lyantey.*

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